



# Florida Collaborative Trainers

Fitting the Pieces Together – An Interdisciplinary Training Group

## **ADVANCED TRAININGS**

### ***"Wolf in Sheep's Clothing - Professionals Who Haven't Quite Made the Paradigm Shift"***

Successful collaboration requires a significant change in how the professionals conduct themselves during the divorce process. We have all experienced the professional who has not made the "paradigm shift". This presentation describes these "paradigm slips", examines the underlying reasons why these "slips" occur and offers solutions and resources. A fun, experiential role play with debrief follows the presentation. ½ Day

### ***"Recognizing and Managing the Difficult Client"***

We have all encountered cases that rise to a level of difficulty which requires unique skill and effort to overcome the obstacles presented. Some of these challenges come from the parties involved, but others may come from the professional Team participating in the process. This workshop will present some techniques and do's and don'ts for clients and the professionals designed to assist in grappling with the tough issues which may occur in collaborative divorce cases. An interactive discussion will follow the presentation of demonstrative cases. 90 Minutes

### ***"It's Not All Talk - Communication Skills"***

Communication skills are central to the resolution of any issue. While spoken and written exchanges are key facets of communication, nonverbal messages are equally important. Eye contact, body language and active listening are all part of nonverbal communication. Additionally, cognitive distortions of how we "hear" communications can be just as potent in disrupting negotiations. This workshop will address the "roadblocks" to communication and focus on awareness of what we say verbally and non-verbally and how we "hear and "interpret" messages. 90 Minutes

### ***"Structuring the Collaborative Process"***

Using the metaphor of a Charter Airline, the importance of the Professionals staying in control of the collaborative process is explored. Cases are often derailed when the clients dictate the structure of the process, negotiate outside the process or limit the ability of the professionals to go forward and fulfill their professional roles and responsibility. The clients make the final decisions about the outcome of their divorce but the necessity of the Professionals maintaining control is essential to the successful completion of a case. 1 Hour

### ***"What Really is Interest Based Negotiation?"***

Interest-based negotiation is the "heart" of collaborative divorce - the process by which clients can define their mutual and separate goals, interests and needs. By cooperatively brainstorming and generating options, they reach mutually satisfying agreements. A Team meeting format is used to provide a demonstration resolving child and financial issues followed by an experiential activity. 90 Minutes

### ***"Who's in Charge? - The Brain and the Collaborative Process"***

Learning how to manage challenging clients, understanding how our brain functions, what drives behavior and how to manage emotions during a negotiation are some of the daunting questions that we will address in this presentation. There is a growing body of literature today integrating research about the brain and how it affects behavior. The significance of understanding this connection provides insights to Collaborative Professionals as we observe clients going through the emotional aspects of divorce. Our presentation demonstrates the need to better understand what motivates and disrupts our clients and the professionals during the Collaborative Process. We will demonstrate skills needed to work effectively with challenging clients and how to manage them. Perspectives from each professional will include and encourage responses from attendees allowing for interactive discussions and participation. 90 Minutes

### ***"The New and Empowered Role of the MHP"***

The evolution of the neutral MHP's entrance into the Collaborative divorce structure has been an ongoing process, from an "as needed basis" to "facilitator" of the process. The present model of the role of the MHP is much more encompassing, facilitative and multi-faceted. The purpose of this training is to review the role of the MHP from first contact with the attorneys and clients, the responsibilities, role in the Collaborative Divorce Process and the important and distinct differences that separate therapy - the traditional role of mental health professionals - from the role of the MHP in the divorce process. Included in the training will be an overview of family law and financial concepts that are used during the divorce process. ½ Day

### ***The Training Is Over – Now What??***

Introductory trainings are structured to teach the basic skills of collaborative practice, but they should also help motivate new trainees to form the bridge between this new paradigm and the practical aspects of changing their practices. The enthusiasm is palpable, and everyone goes home to their respective offices. How do we keep the excitement going? What needs to happen next to continue the interest by the new trainees and the local practice group? This presentation will address those questions and offer suggestions about how to keep the newly trained practitioners and the more established collaborative professionals interested and passionate about the Collaborative Process. 90 Minutes

### ***The Collaborative Law Process Act and Rules***

The Rules/Act provides clarity, allowing parties and counsel to consistently rely on a statutorily-enacted privilege governing communications during a collaborative law process. It further provides attorneys guidance in determining whether collaborative law is appropriate for a dispute or client. As a uniform state law, the UCLR/A will help establish uniformity in core procedures and consumer protections, while minimizing the spread of the patchwork of varying approaches and definitions. 1 Hour

### ***"Converting the Client to Collaborative Process"***

Attorneys are the most frequent entry point when people seek divorce information. This presentation will focus on how to effectively present the informed process choice by carefully listening to the hopes and fears of the clients and effectively converting them to the Collaborative Process. 1 Hour

***“War of the Roses” – What if it went Collaborative – the Power of Teamwork!***

Using the backdrop of the noir film “War of the Roses”, this presentation will explore interventions that may have changed the final outcome of the Rose’s highly litigated divorce. “What if” it were possible to convert this divorce to the Collaborative Process? Exploring the use of an interdisciplinary team during some of the most emotionally difficult times, attendees will have the opportunity to design alternative interventions for the Rose family. 90 Minutes

